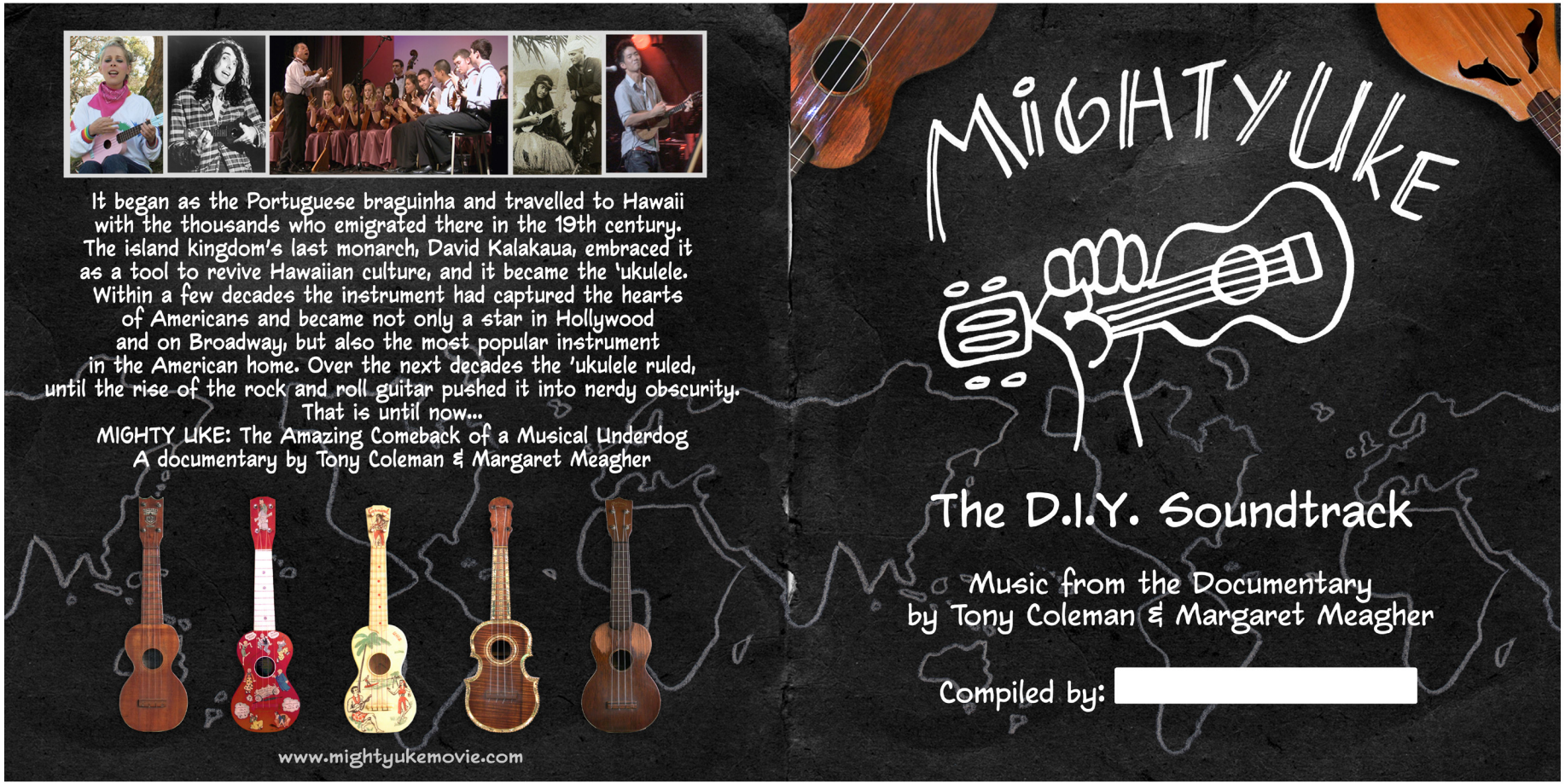
Cut out graphic and fold in half.

When printing, do not scale (i.e. do not "fit to paper").
Don't forget to write your name on the cover!